m=('January','February','March','April','May','June','July','August','September','October','November','December')

print("Months in expanded form:")

for i in m:

print(i)

print()

print("The four quarters are:")

print()

print("First Quarter :")

for i in m[:3]:

print(i)

print()

print("Second Quarter :")

for j in m[3:6]:

print(j)

print()

print("Third Quarter :")

for k in m[6:9]:

print(k)

print()

print("Fourth Quarter :")

for l in m[9:12]:

print(l)